



DEPARTMENT OF VETERANS AFFAIRS  
Maryland Health Care System

Medical Center  
10 North Greene Street  
Baltimore MD 21201

Medical Center  
8600 North Point Road  
Fort Howard MD 21052

Medical Center  
Perry Point MD 21902

Rehabilitation and  
Extended Care Center  
3800 Loch Haven Boulevard  
Baltimore MD 21218

Outpatient Clinic  
5510 West Shore Drive  
Cambridge MD 21613

August 30, 2000

To whom it may concern:

I am writing in support of the application of Adam Zynger, M.D. Dr. Zynger was an intern for several months on my research project focusing on exercise rehabilitation of patients with peripheral arterial disease. Dr. Zynger was a conscientious worker who was willing to learn new laboratory methods involved in clinical research.

During his internship, Dr. Zynger gained experience in supervising exercise training sessions and in performing physiologic tests on peripheral arterial disease patients. Specifically, he monitored vital signs and the safety of each patient during their exercise training sessions. Additionally, Dr. Zynger assisted in obtaining various physiologic measurements, such as maximal and submaximal treadmill tests, walking performance and gait tests, physical activity questionnaires and measurements, venous occlusion plethysmography tests, Doppler tests, resting metabolic rate tests, and body composition tests. Consequently, Dr. Zynger was exposed to many pertinent techniques commonly used to measure functional performance, cardiovascular, and metabolic outcomes in a clinical research trial.

Prior to his internship, Dr. Zynger had expertise in the area of osteoporosis and exercise. To culminate his research internship with me, Dr. Zynger wrote an interesting research proposal to study this topic on peripheral arterial disease patients.

In closing, I believe Dr. Zynger is capable of performing quality work, and I hope you strongly consider his application. Please contact me should you require further information.

Sincerely,

Andrew W. Gardner, Ph.D.  
Associate Professor  
605-7000 ext. 5426  
FAX: 410-605-7913  
E-mail: gardner@grecc.umaryland.edu

Enclosures